

Power-Min™ Magnesium Complex



Formulated with Magnesium Threonate, Glycinate, Taurate & L-Theanine

Discover our cutting edge **Power-Min**, meticulously formulated to transform your health. Magnesium is a crucial mineral that can be difficult to obtain in our standard diet. The NIH recommends an amount of 300 to 400 mg daily.[†] According to their estimates, 50% or more of the population is deficient in this essential nutrient.[†]

Power-Min Magnesium Complex stands out by offering a unique combination of mood and sleep supporting **Magnesium L-Threonate**, highly absorbable **Magnesium Glycinate**, and heart healthy **Magnesium Taurate**.^{*} That's not all! It's also *the only complex master formulated with stress supporting L-Theanine*, a potent amino acid found in green tea, known for its calm energy effects. This innovation sets **Power-Min** apart, by delivering benefits beyond the ordinary magnesium supplement.

Magnesium is a linchpin for countless bodily functions, influencing heart health, sleep quality, mood regulation,

and stress response, to name a few.^{*} Our muscles and nerves also rely on it for proper function. As a co-factor in over 300 enzymatic bodily reactions, this potent electrolyte is fundamental to maintaining total body wellness and peak performance.

Magnify your resilience with **Power-Min**. Each three capsule serving delivers 279 mg of elemental magnesium along with 414 mg of L-Theanine! Embrace the future of magnesium supplements and choose **Power-Min** today!

Directions: Take three capsules one hour before sleep or as needed during the daytime.



Demand more from your magnesium supplement:

- More elemental magnesium per serving than commercial brands
- More L-Theanine per serving than commercial brands
- 100% beneficial active ingredients—no junk
- Highly absorbable

[†] <https://ods.od.nih.gov/factsheets/magnesium-healthprofessional/>

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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